Remote Viewing Practicum Residential Retreat

2003 Website Program Description

Through remote viewing, out-of-body experiences, spiritual insight, or miraculous healing we recognize, at some level of awareness, the true nature of ourselves as individual sentient elements of a greater non-local consciousness.

Prerequisites for the Remote Viewing Practicum program: Gateway Voyage Remote Viewing Practicum is a specialized program designed for those who have completed The Monroe Institute's Gateway Voyage program.

The first Remote Viewing Practicum was presented September 28 to October 4 and it was a huge success! ***Read comments from the participants*** *(below) and see remote viewing examples from the program!*

Remote Viewing is a perceptual skill that enables an individual to acquire and describe information about people, objects, places, or events. This information is perceived psychically and is seemingly separated from the "viewer" and his or her physical senses by distance, shielding, or time. Work at the Institute suggests that through the experience of remote viewing, one discovers that he or she is truly more than a physical body and consciously recognizes his or her true nature as a conscious, spiritual being.

In recent years, the disclosure that a secret U.S. government remote-viewing surveillance program existed during the Cold War era has increased public awareness of remote viewing as an innate human ability. In the early 1980s, Robert Monroe's patented Hemi-Sync audio-guidance technique was used by government remote viewers who found that this training process enhanced their skills.

When Monroe's basic blueprint was incorporated with five behaviors common to successful remote viewers - relaxing, connecting, listening, becoming aware, and reporting - performance consistency improved. And because the Hemi-Sync process did not encourage dependence, with practice remote viewers could learn to willfully and reliably enter propitious levels of consciousness without the aid of the Hemi-Sync sound technology. Over twenty years later, this unique performance-boosting training is finally being offered as a practicum for graduates of the Institute's Gateway Voyage program.

F. Holmes "Skip" Atwater, Research Director at The Monroe Institute, is the primary trainer of the **Remote Viewing Practicum**. Years ago, Skip was the Operations and Training Officer for the U.S. Army Intelligence remote-viewing surveillance program. He worked closely with the scientific efforts of SRI International and trained career- minded professional intelligence personnel to remote view. He then used these highly skilled psychic spies to assess the security threat posed by a hostile government's exploitation of remote-viewing surveillance and planned, conducted, and reported thousands of remote viewing intelligence-collection missions for a variety of US intelligence agencies.

Using the Hemi-Sync signals and procedures from the work Bob Monroe did with talented remote viewers in the secret U.S. government project, this practicum is designed for the now growing number of remote viewers in the 21st Century. The program employs a team concept, a monitor/interviewer, a remote viewer, and a judge and each program participant learns these different roles. The Hemi-Sync exercises include:

- RV-10 - letting go and turning inward, a critical first step in remote viewing,
- RV-12 - connecting and listening,
- RV-15 - becoming aware, a crucial juncture for the remote viewer, and
- RV-21 - space/time transcendence.

Read what participants of the first Remote Viewing Practicum at The Monroe Institute have to say about their experiences:

- "You far exceeded my expectations."
- "Program extremely well planned and executed."
- "The relevance of the learning in the program is much greater than one could expect. This program is about understanding our consciousness and how it interacts with the universe. Great learning!"
- I learned that space/time is malleable - not just in a philosophical way, but in a down-to-earth practical, in-your-face, it is beyond truth kind of way!"
- "It was superb. Skip did a great job and really put his heart into it."
- "A wealth of valuable information was given over a short period."
- "Presentation and follow-through were thorough, enthusiastically presented, patiently taught. I would recommend this to all Gateway grads."
- "I now KNOW just how powerful and knowledgeable we are as HUMANS."
- "Every TMI experience has been unique. This week was no exception. I enjoyed the enthusiasm that everyone displayed."